

July 2023 Newsletter



NEXT TRAINING EVENTS

Monthly: July 13, 7PM, Station 9
Radio Net: July 20, 7:30PM
Special: BLS-Instructor, Aug 19

FEMA's Community Emergency Response Team Program

The Community Emergency Response Team (CERT) program is administered by the US Department of Homeland Security, Federal Emergency Management Agency's Community Preparedness Directorate. Cary CERT thanks the Cary Fire Department for 17 years of sponsorship in this program.



July Training: Map Reading and Using a Compass 7/13, 7-8:30PM, Cary Fire Station 9



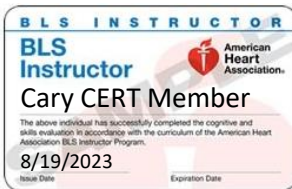
Come join Civil Air Patrol Lt. Col Pete Bohler for a hands-on, practical session on map reading and using a compass and state-of-the-art SARTOPO tools. Pete will teach us the easy steps to orient yourself and location on a map, and then to set and follow your desired path in the outdoors. You will learn the basics of using SARTOPO tools so that if you were handed a map and told to go to certain coordinates you could, or if a clue is found, you could relay the specific location to a search leader.

Cary CERT Emergency Radio Net 7/20, 7:30PM, On the Air!!!

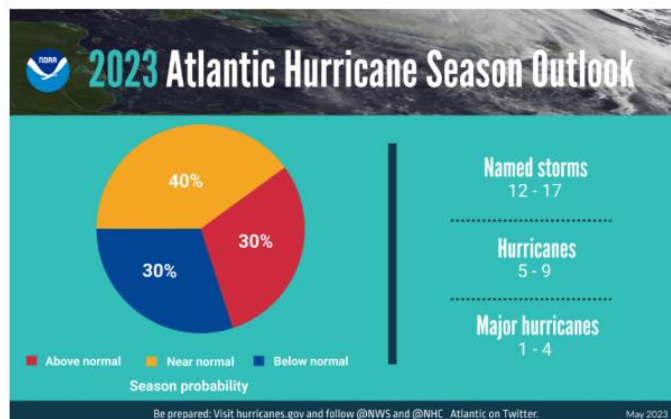
[Click here for instructions on how to join.](#) Cary CERT thanks the Carolina 440 UHF Link System for the use of their repeaters during training, special events, and emergencies.



Special: CPR-BLS Instructor Course Just for Cary CERT 8/19, 9AM-5PM, Wake Tech



For those with a current American Heart Association BLS Provider certification, and who are willing to teach CPR on behalf of Cary CERT, this is a special opportunity to become certified as a CPR/BLS Instructor in a one-day class offered specially for Cary CERT. With our own cadre of CPR/BLS instructors Cary CERT can teach and certify this life-saving skill to our own members, our CERT Basic students, and to the community in classes and at special events like Spring Daze and Public Safety Day. While registration is free, there is a required \$17 fee for the books and an instructor card. **RSVP to carycert@gmail.com today if you are interested!!! We have a total of 9 slots available for this class.**



RECENT HAPPENINGS

Project Phoenix on Wrenn Drive

Seven members of Cary CERT came out and supported the Cary Police Department's Project PHOENIX (Promoting Healthy Occupancy through Education, Networking, and Information eXchange) on Wrenn Drive on Saturday, June 3rd. Cary CERT has participated in the annual Wrenn Drive block party since 2013.

June Training: *After you Stop the Bleed*

Cary CERT vice-president George Dolicker presented a next-steps, hands-on practical session on what follows initial START triage and the immediate life-saving interventions of ensuring an airway, stopping severe bleeding, and arresting severe shock: bandaging wounds. Sixteen CERT members learned or refreshed their skills using a triangular bandage to treat patients head-to toe with 14 different bandaging techniques.



Photo Credits: Tony Biondo

“CQ Field Day from N4A” Cary CERT Amateur Radio Field Day

Special thanks go to Randy and Ken Stark, Russ Kandel, Bob Kulow, and Chris Benson for making this such a successful event! Thanks, too, to Carolina Preserve for hosting us at their facility! Field day is about disconnecting from all the usual utilities and infrastructure, and demonstrating the ability to establish and maintain emergency communications in simulated disaster circumstances. This year was Cary CERT's first participation in amateur radio field day where FCC licensed members demonstrated our capabilities with the trailer, updated our Wouxun handheld radios with the latest configuration, and demonstrated that an HF radio and antenna could be set up and communicating worldwide in under 30 minutes without reliance on commercial power. Lots of members, families, friends, and neighboring CERTs got their first chance to talk on an HF ham radio and experience the excitement of making a ham radio contact with new friends far away.



Photo Credits: Paul Wolf, George Dolicker

SAVE THE DATES!!!

Cary CERT Board Meeting

July 5, 6:30PM, Cary Fire Administration Building, 100 North Academy Street

CERT Train-the-Trainer Class

August 12 & 13, 9AM-5PM, State EOC in Raleigh, [SIGN UP HERE.](#)

The most local CERT Train-the-Trainer class this year. **FEW SEATS LEFT, SIGN UP NOW!** This is a great class if you would like to help teach the next Cary CERT Basic class in September.

Cary Lazy Daze Arts and Crafts Festival

August 26 & 27, 8AM-5:30PM, Cary Town Hall Campus

All hands will be need to staff this two-day event. Look for the sign-up from Sonia in early August.

Cary CERT Basic Class

September 8, 9, and 10

Cary CERT will be looking for volunteers to help with the class, particularly in the units that involve hands-on practical training. Be sure to let your interested friends and neighbors know that they can sign up for the basic class in [TERMS](#).

Cary Public Safety Day

September 16, 11AM-2PM, Academy St.

CERTEX 2023: State-wide CERT Exercise

September 30, 9AM-3PM

Work together with CERTs from across the state. The event shows as “class is full,” but you can still get on the waiting list in [TERMS](#).

Cary CERT Full-Scale Exercise

November 4, 9AM-2PM

Cary CERT will deploy for a simulated emergency that will exercise the team in the three critical skill areas that Cary FD expects of us, PLUS a variety of other basic and extended CERT skill training areas. A fun day to be sure!

TRAINING REVIEWS

IS-505: Concepts of Religious Literacy for Emergency Management

Religious and cultural communities are key partners in building a culture of preparedness. Faith-based and community organizations also offer a wide variety of human and material resources that can prove invaluable during and after an incident. As CERT members we will be collaborating with these vital community members and organizations during responses in times of emergency. This 4-hour on-line independent-study class will help facilitate interagency operations and cooperation with these other organizations.

As CERT nationally moves towards position credentialing through the National Qualification System (NQS) to facilitate team mutual aid across the state and nation, this four-hour independent study class fulfils one of the seven course requirements for the “CERT Volunteer – Type 1” personal credential.

View all the qualifications for “CERT Volunteer” [HERE](#). Sign up for this required class IS-505 [HERE](#).



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TRAINING RESOURCES

[North Carolina Emergency Management Training](#)
[FEMA Emergency Management Institute On-Line Independent Study Courses](#)
[FEMA Emergency Management Institute Resident and Remote Courses](#)